

BOX ELDER PEOPLE WANT GOVERNMENT EXPERIMENT FARM

Director Peterson Said to be in Favor of Plan to Establish Station in Western Part of County

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The successful and progressive citizens of Box Elder county, Utah, are always anxious to assist the new comers into their county, they also want to develop and improve the now waste places, they know the possibilities of their county and now ask the assistance of the government, by establishing an experimental station in the western part of their county, to be operated under the direction of the extension division of the Agricultural college, in order that the development in that section might be done scientifically, and that the hundreds of new settlers may not be obliged to do all the experimental work which is so costly. A prominent citizen of Brigham City said:

We are convinced that a government demonstration farm in our county would do more good to more people than if established any other place in the state. We have hundreds of thousands of acres of fine sagebrush land, that should be wheat fields, and although hundreds are farming successfully, yet we know they are not obtaining the maximum results. We believe the object of these demonstration farms is to assist the farmer. That being the case, there is no doubt but that a station in our county would accomplish the object of its creation.

We need it, and intend to do our level best to get it.

Such improvements are worth while, but the Box Elder people are indeed, awake to the opportunities of their county and although their penches are the best in the world, they want to establish another record and become the largest grain producing county in Utah—Strevel Times.

A BAD MISTAKE MADE BY A GIRL LOOKING FOR A JOB

In a very interesting and practical talk to business girls, in the March Woman's Home Companion, the author tells the following story:

"A girl brought to a busy woman of considerable influence the sort of letter none of us can ignore. This partner and practical worker in a successful business had at the moment no opening nor did she happen to know of one in other offices. But she realized that openings appear on the business horizon without much warning. She made out a list of personal and business acquaintances who might make use of such services as the newcomer offered and told the girl to call on each of these persons. 'Tell them Mrs. Robbins sent you' was her final order.

"She did not consider it necessary to inform the girl that in each case she would telephone parties named and advise them of the girl's coming. 'I hope you will be fortunate, she said in dismissing her caller. 'Let me hear from you and if I hear of any opening not on this list I will notify you at once.'

"She is the type of woman who does not talk nor sympathize nor make unthinking promises. She gets results.

"The girl did not understand this. She went back to her boarding place railing against the ineffectiveness of introductions and the callousness of city women who merely pass you on from one to another to get rid of you. So in a half hearted way she followed up just about half the names on the list.

"Finally one evening the busy woman to whom she had carried her original letter of introduction called her on the phone.

"Did you get a chance at that opening in the accounting department of the Morgan Hardware Company?"

"What opening?" answered the girl blankly. The Morgan Hardware Company was among the names on the list which she had not followed up. She tried to think up an effective excuse but only succeeded in faltering. 'Why, I didn't go there. I thought if you heard of anything you would let me know at once.'

"And I thought," explained the busy woman to friends later, "that if a girl really wanted a position she would follow up every suggestion; but it seems that the girl armed with a letter of introduction thinks that it commands a position handed to her on a silver platter."

WHY LETTERS OF INTRODUCTION ARE HELPFUL

In a very interesting talk to business girls, in the March Woman's Home Companion the author gives considerable practical advice of value on the subject, 'Influence in Business.' Following is an extract:

"To understand the working value of influence, consider the position of a busy superintendent or manager of a department store in a large city or the chief of an office in which from fifty to a hundred clerical workers are employed. He has a vacancy or two. His office is besieged by applicants.

"Upon his indecision comes a girl quiet, neat, neither over confident or nervous bearing a letter of introduction from a personal or business friend whose word this superintendent respects. With a sigh of relief, the driven employer accepts without question the recommendation of his friend, gives the girl the desired opportunity and dismisses the hordes of applicants.

"A strong letter of recommendation to the city man will command attention. Fairly or unfairly you will be given the preference over applicants who have had more experience. This is the give-and-take policy of business world.

"But make no mistake! Once he has given you the position, his responsibility for you to the man who recommended you and whom he wishes to favor, ceases. If you do not make good, that is your affair, not his. He performs his obligation in securing the appointment for you."

A MERE IGNORANT MAN-PERSON ON THE SUBJECT OF WOMEN'S SKIRTS

In the March Woman's Home Companion a man giving his impressions of some of the present feminine fashions writes in part:

"If the law decreed that woman should be compelled to wear the fashionable skirt of today as a punishment the whole world would rise against the barbaric cruelty of it. Leg shackles are an unspeakable relic of dark ages but make the anklets and chain of gold instead of iron and the shackle becomes an ornament, i.e., they become fashionable and they become almost universal among women. Not only will the feminine adapt herself to them, but she will manage to walk in them gracefully just as she does in the sausage-casing skirt. It is a manifestation of what Arthur calls their 'dramatic sense for striking effect.'"

A FAMOUS NATURALIST STILL STUDYING ALTHOUGH PAST NINETY

In the March American Magazine appears in the "Interesting People" Department an article about Henri Fabre, who is called The Insect Homer. He has been heralded as the greatest living naturalist. For 75 years he has studied the insect world like a philosopher and written of it like a poet. Darwin was a great admirer of him and called him "The Inconquerable Observer." The following is an extract:

"This old philosopher is a rare personage in many ways. He has lived a life of endless adversity and at times of sheer want and poverty, but through it all he has retained an almost unnatural sweetness of disposition, an almost divine patience, and an optimism that could not well be matched.

"He lives in a little six room cottage that he built with his own hands years ago on the outskirts of the little village of Serignan. It is nearly hidden from sight by cypress and lilac trees and near it is a pond with rushes and reeds that attract the water insects. All about the little house and garden are great sunbaked, wind swept wastes hamas, the Provençal French call such land, which means worthless, for nothing grows there but weeds; but to Fabre it is a paradise, for insects of all sorts swarm and thrive there, and it is for them that he lives.

"Gradually, after years had passed and he was an old man, his writings brought him in sufficient income so that it was possible for him to give up teaching and devote his whole time to his nature studies. It was then, after struggling for fifty years for this end, that he built the little cottage at Serignan and settled down a the age of seventy to carry out the dream of his life. It was then that he wrote the pathetic appreciation of his achievement:

"The wish is realized. It is a little late, O my pretty insects! I greatly fear that the peach is offered me only

when I have no teeth wherewith to eat it. Is the time remaining enough O my busy Hymenoptera, to enable me to add yet a few seemingly pages to your history? or will my failing strength cheat my good intentions?"

"That was twenty years ago, and the lovable old philosopher is still studying, still writing of his pretty insects, and it is to be hoped that he will round out a century.

"His devoted daughter lives with him, and he has the friendship of some great men."

MEAT SUBSTITUTES FOR LENT

"Men die because they know not what to eat."

Some vegetables are perfect meat foods, such as wheat, rice, barley, oats, corn, also nuts, split peas, cheese, dried beans, lentils, macaroni, eggs and milk, raisins, dates, figs and bananas. These however, must be served in the proper amount as too much meat or too much nitrogenous foods of any kind, peas, beans, etc., require the liver to overwork, creating the necessary bile in order to work the waste out of the system.

Most people consume as much energy in getting rid of worthless food as they do in a hard day's labor. Remember as we grow older, no useless working of the machinery should be allowed.

It is most important to have all foods properly combined, so I am adding some menus using vegetables to take the place of meat and the salads and desserts, which combine well with them. These I have taken from my booklet on "Right Living Food Combinations."

1. Baked beans with peanuts, pecans or English walnuts baked potatoes, combination salad, wafers, coffee.
2. Vegetable pie, water cress salads, French dressing lemon jelly, sponge cake, coffee.
3. Bean stew with dumplings and potatoes, tomatoes, salad, cheese, wafers, coffee.
4. Spaghetti with cheese and tomato sauce spinach, figs or fig pudding.
5. Macaroni and cheese, carrots, cabbage salad, peach dumplings.
6. Nut croquette or nut loaf, potatoes, lettuce, cheese salad with pimento dressing, coffee.
7. Rice au gratin, beets, grated raw carrot, salad with Spanish onion on lettuce, French dressing, cottage pudding, coffee.

In fact any simple succulent vegetable salad and fruit dessert with any of the above dishes will be a complete meal.

Cereals or edible grains, vegetables, fruits and nuts are, with meat two or three times a week, good food when properly combined, whether for luncheon, breakfast or dinner.

Two teaspoonfuls of mixed chopped nuts with shredded wheat biscuit, oatmeal or graham crackers and eaten with part milk and cream is a good lunch if taken slowly. Milk should always be chewed.

More ill health, muddled brains and failure in business deals come from overeating and wrong food combinations than have ever yet been realized.

After a heavy meal, take a couple of Doan's Regulax, and give your stomach, liver and bowels the help they will need. Regulax bring easy regular passages of the bowels.—Ad.

WELL DESERVED

The Praise That Comes From Thankful Logan People

One kidney remedy has known merit.

Logan people rely upon it.

That remedy is Doan's Kidney Pills.

Logan testimony proves it reliable.

Mrs. William R. Jacobsen, 42 South Fifth East street, Logan, Utah says: "I was troubled by backache and kidney complaint for years and was unable to obtain relief until I began using Doan's Kidney Pills. The contents of the first box of this remedy made a marked improvement and I continued its use until entirely cured. My health has been of the best ever since. Other members of my family have also been benefited by Doan's Kidney Pills and we all think highly of them. My daughter is now using this remedy with success. She suffered from pains in the back and trouble from the kidney secretions. All persons afflicted with kidney complaint should give Doan's Kidney Pills a trial."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents for the United States.

Remember the name—Doan's—and take no other.—Advertisement.

POVIDENCE NEWS

Providence, Feb. 23.—Funeral services were held in the Second ward meeting house on Wednesday Feb. 19, over the remains of Mrs. Caroline Clawson who was taken to the great beyond on Monday morning. Friends and relatives came from far and near to pay their last respects to Sister Clawson. Mr. Clarence Hammond spoke of the earlier life of the deceased and said he had known the good lady from his infancy. She was one of God's noble daughters, always full of those things which tried to make a heaven on earth. President Budge spoke of the good things which God has in store for those who keep his commandments and paid high tribute to the life's work of Mrs. Clawson. Mr. H. B. Mathews spoke of the cheerful woman as one who had been so kind to his family and all with whom she came in contact. Mrs. Clawson leaves two sons to mourn her loss.

Mr. William Liljenquist was a visitor to Providence on Thursday.

Mrs. James Bullock has been confined to her bed for some time. It is hoped that Mrs. Bullock will soon recover.

The children of Mr. and Mrs. Eyra Campbell have been ill with the scarlet fever.

Mr. and Mrs. Morris Smith are spending a few weeks in Providence.

ECONOMIC REPORTS ON MANY COAL AND OIL FIELDS

An annual publication covering a wide field of scientific economic investigation of the occurrences of metals and mineral fuels is the "Contributions to Economic Geology" of the United States Geological Survey. This publication is issued in two volumes, Part I treating of metals and Part II of coal, lignite, petroleum, and natural gas. Part II of this publication for 1910 has just been issued by the Survey as Bulletin 471 and comprises 663 pages. It contains 27 chapters, seven of them relating to oil and gas in Kentucky, Alabama, Wyoming, and Utah, and 20 relating to coal and lignite fields in North Carolina, North Dakota, Montana, Wyoming, Colorado, New Mexico and Utah. A copy of the bulletin may be obtained free on application to the Director of the Geological Survey, Washington, D. C.

CUT THE HIGH COST OF LIVING

W. H. Chapman, Winnebago, Neb., tells how he did it. "My two children had a very bad cough and the doctor's medicines did them no good. I got a bottle of Foley's Honey and Tar Compound and before it was all used the children were free and cured of their cough. I saved a doctor's bill for one 25c bottle of Foley's Honey and Tar Compound." No opiates.—Co-op Drug Co. (Advertisement).

COCOANUT CREAM PIE

Half cupful prepared cocoanut soaked five minutes in two cupful of milk, one egg, one small cupful of sugar, butter the size of a walnut, one tablespoonful of corn starch. Put the milk and cocoanut over stove in a double boiler and when hot stir in the sugar, then the butter and the yolk beaten and tablespoonful of corn starch dissolved in milk. When cooked pour into a pie shell previously baked. Put meringue on top, using white of egg and a little sugar; put in oven and brown.

HINTS FOR HOUSEKEEPERS

Keep Foley's Honey and Tar Compound always on hand, and you can quickly head off a cold by its prompt use. It contains no opiates, heals and soothes the inflamed air passages, stops the cough, and may save a big doctor's bill. In the yellow package. (Advertisement)

Beyond His Power.

James I., being requested by his old nurse to make her son "a gentleman," answered emphatically: "I'll mak' him a baronet, gin ye like, luckie, but the od'ell himsel' couldna' mak' him a gentleman."

A heavy cold in the lungs that was expected to cure itself has been the starting point in many cases of disease that ended fatally. The sensible course is to take frequent doses of BALLARD'S HOREHOUND SYRUP. It checks the progress of the disorder and assists nature to restore normal conditions. Price 25c, 50c, and \$1 per bottle. Sold by Ritter Bros. Drug Co.—Advertisement.

Everybody's friend—Dr. Thomas' Electric Oil. Cures toothache, earache, sore throat. Heals cuts, bruises, scalds. Stops any pain.—Advertisement.

PUNCTUALITY NECESSARY

Homes would be happier if every body in the home exercised punctuality. It is plain penance that makes most of the delays in the household.

Sometimes it is the fault of the housekeeper, but even more often it is the fault of the husband and children.

It is just as necessary for the husband to be on time as it is for the wife to be ready. I have seen men so interested in the newspaper that they had to be called two or three times; son or daughter interested in a book and have to be called several times. Then the wife and mother is supposed to keep sweet, when the soup gets too thick; or the meat too well done or cold.

On the other hand many housekeepers do not realize how important it is to the busy man to have his meals on time, especially breakfast, so there will be no unnecessary rush at table.

It is well to give one's self time to get the evening dinner (not rushing in at the last minute), then when husband and family come you are not all flustered and nervous.

Wise Man.

Once upon a time a wise man penned a letter full of confidential statements, and at the end he wrote a line, heavily underscored: "Burn this letter." Then, being a wise man, he took his own advice and burned the letter himself.

Nothing There to Find.

"Well, Hinks," said Dobbieigh, "I see that they have just had their commencement up at your boy's college. How did he stand the examination of his mental baggage?" "All right," said Hinks, "they didn't find anything dutiable."—Harper's Weekly.

CATARRH CANNOT BE CURED

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quick medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing Catarrh. Send for testimonials free.

F. J. CHENEY & CO., Props., Toledo, Ohio.

Sold by all druggists, price 75c. Take Hall's Family Pills for constipation.

Fresh Air and Digestion.

Other things being equal, the woman who sleeps with wide opened windows and spends several hours each day in the open air will stand a far better chance of being able to digest and assimilate a normal ration than she whose close room obliges her to breathe the same air over and over.

Incentive for Living.

If a man is an invalid, and wishes to live, give him an engrossing task to perform. This is the lesson of the last months of General Grant's life, according to Mark Twain, as quoted in Harper's Magazine. After the general finished his memoirs, Mark Twain writes, "the lack of any strong interest to employ his mind enabled the tedious weariness to kill him. I think his book kept him alive several months."

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2 Big Full Bottles
OF PORT WINE FREE

Yes, I mean exactly what I say—2 big full bottles of high grade California Wine absolutely FREE. I want to acquaint you with the merits of the exceptionally high grade whiskeys, wines, etc., we sell—I want you to know that Early Days is the best whiskey ever sold at \$5 the gallon—that it is a blend of pure straight whiskeys, fully matured in wood, rich, smooth, mellow and guaranteed to be at least 92 proof—a whiskey you and your friends will like to the last drop.

DOAN'S OFFER.—With your order for 4 full quarts of Early Days Whiskey for \$5 I'll include 2 big full bottles of wine FREE—if you'll send the order before February 1, 1913. And I'll pay the express. Try the whiskey and if not perfectly satisfied, return it at my expense—your money back—with a smile. Immediate shipments.

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